

STUNDENPLAN

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag
	09:30-10:30 Pole Dance & Fitness all Level Miriam		17:00-18:00 Open Pole Sarah	09:30 - 10:30 Pole Dance & Fitness Anfänger Miriam	09:00 - 10:00 Open Pole Angi
		17:00 -18:00 KIDS Pole Beginner Mirveta	18:00-19:00 Open Pole Sarah	18:00-19:00 Pole Dance & Fitness Beginner Lisa	10:00 11:00 Open Pole Angi
18:00 -19:00 Pole Dance & Fitness Beginner Lisa	18:00 - 19:00 Pole Dance & Fitness Beginner Jessy	18:00 - 19:00 Pole Dance & Fitness Beginner Miriam	19:00 - 20:00 Pole Dance & Fitness Advanced Sarah B	19:00 - 20:00 Pole Dance & Fitness all Level Elena	11.00 _12:00 Stretching all Level Jessy&Sarah
19:00 - 20.00 Exotic Pole Techniques all Level Patricia	19:00-20:00 Stretching all Level Näd&Angi	19:00 - 20:00 Pole Dance & Fitness all Level Intermediate Patricia	20:00 -21:00 Pole Dance & Fitness all Level Näd	20:00 -21.00 Yoga all Level Lisa	
20:00 - 21.00 Pole Dance & Fitness all Level Jessy	20:00-21:00 Modern Dance all Level Shelia	20:00 -21:00 Exotic Pole Class all Level Patricia			